

MARIAN CENTRAL CATHOLIC HIGH SCHOOL

2007-08 ATHLETIC HANDBOOK

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Dear Athletes and Parents:

Welcome to the Athletic program at Marian Central. Being a member of a Marian Central Athletic Team carries certain responsibilities. Each student athlete must commit to complete loyalty and dedication. Parent support is a key ingredient in developing a successful young athlete. Both parents and athletes are expected to be positive leaders in promoting good sportsmanship.

There are nearly 690 scheduled athletic events, 40 teams and approximately 67 coaches involved in the athletic program at Marian Central. The purpose of the athletic program is simple - to provide the youth who attend Marian Central with the opportunity to experience success through interscholastic competition as they develop into mature, responsible people.

This handbook is provided to give parents and athletes the information required to help you become a successful Marian athlete. We ask you to read this handbook carefully and discuss it with your athlete as he/she becomes involved in the Marian Central athletic program. We invite you to take part in our programs as a supportive parent and enthusiastic spectator.

It is mandatory that the parents and athlete complete the emergency form, the handbook agreement/insurance waiver form, and have a physical before a student athlete may participate in practice or interscholastic competition. If you have any questions, please contact the coach or the Athletic Director. Please return these forms to the Athletic Director.

## **MISSION**

Marian Central Catholic High School is a college preparatory Catholic school. Marian shares with parents and the parishes of the McHenry Deanery in the teaching mission of the Church. Our school provides students with an education infused with Catholic Christian values, designed to promote religious, spiritual, intellectual, physical, social, and emotional development.

The foundation for all of our educational efforts includes:

- Creating a Catholic Christian faith community in which students are encouraged to grow religiously and spiritually as they interact with each other, the church, and the community.
- Presenting a curriculum that challenges all students, fosters academic excellence, encourages the development of critical thinking skills, promotes physical wellness, and leads to a commitment to life-long learning, within a caring and moral educational environment.
- Providing opportunities for all students to participate in a variety of co-curricular activities and service programs
- Fostering a sense of self-worth in each student and an awareness of each student's social responsibility through involvement in school, church, and community organizations.
- Affirming the inherent dignity of and respect for every person, while preparing students to be responsible citizens in society as well as active participants in the Church and in the world.
- Emphasizing the development of character and ethical standards through the application of Catholic principles.

## **ATHLETIC CURRICULUM**

Interscholastic activities are an important aspect of any high school. Participation in high school athletics is an extension of what happens in the high school classroom. The opportunity to participate in a variety of sports is open to all Marian Central students. The opportunity for a student to participate in these sports is a privilege, not a right. Therefore, those who choose to engage in these sports must abide by certain rules.

High school sports help students learn other qualities related to sports and life. Athletics is a learning experience and all team members, regardless of ability, will be afforded the opportunity to develop intangibles. Pride, teamwork, self-discipline, self-sacrifice, work ethic, commitment, perseverance and sportsmanship are a few of the qualities besides winning that should come from high school athletics and will be essential throughout students' lives.

The experiences encountered during high school athletics should be enjoyable, positive ones. Athletes, coaches, and parents should work in a spirit of cooperation. The Marian Central Community has a higher level of expectation for students who compete in athletics and activities.

Coaches have a responsibility to define the educational curriculum of sports and activities in our school. The curriculum of standards and expected outcomes for our programs is NOT measured in WINS AND CHAMPIONSHIPS. Participation in athletic and activity programs is the other half of education.

The athletic program is designed to enhance the overall mission and philosophy of the school. The educational purpose of our athletic program is about more than teaching a young person a specific skill (i.e. hit a curve ball, serve a volleyball) or even earn a scholarship. To be sure, we all believe that athletics and activities teach teamwork, dedication to purpose, and playing within a set of rules. However, our number (1) core goal is the propagation of good Christian people for our country who will contribute to the quality of life. We strive to prepare young people to deal with the circumstances of life, develop good Christian people in society who exhibit respect for self and for others. This will be our contribution to the education of our youth through our activities. This will not be alone, but in concert with other school experiences.

In addition to teaching the skills of a sport or activity, our curriculum will involve teaching skills that enhance the overall growth and development of our students, such as:

1. Learning to be a loyal teammate and one to be counted upon. This will manifest itself later in life by actions that distinguish a good neighbor.
2. Learning to do your best and give maximum effort. This will manifest itself later in life by actions that distinguish a good worker.
3. Learning to respect your opponent and one's own efforts. This will manifest itself later in life by actions that reflect in human behavior.
4. Learning to be honest and forthright with one's self and others. This will manifest itself later in life by accepting responsibility for their actions.

Through sports and activities, students learn to seek and to find, to strive and to fail or succeed, to never yield and to accept the outcome, and to feel good about oneself. These then are the core educational concepts, and they are all contained within the high school athletic/activities programs.

Sports and activities provide not only the opportunity to teach and learn respect for self and respect for others, they also place participants in a unique context - competition - that can further instill and hone values necessary for the development of respect for self and respect for others.

**MARIAN CENTRAL CATHOLIC HIGH SCHOOL  
ATHLETIC DEPARTMENT INFORMATION  
1001 McHENRY AVENUE  
WOODSTOCK, IL 60098**

**A.D. TELEPHONE:** (815) 338-4220; Ext. 110  
**A.D. FAX:** (815) 338-5883  
**Website:** [www.marian.com](http://www.marian.com)  
Click on "Sports & Activities"  
or "Sports Calendar"

**SUPERINTENDENT:** THOMAS LANDERS

**ATHLETIC DIRECTOR:** MICHAEL McGOVERN

**DIR. OF ACADEMICS & PERSONNEL:** CHARLES RAKERS

**CONFERENCE:** SUBURBAN CATHOLIC

**NICKNAME:** HURRICANES

**COLORS:** RED & COLUMBIA BLUE

**FOOTBALL:** GEORGE HARDING FIELD

**SOCCER:** PETER A. BAKER FAMILY STADIUM

**TENNIS:** ARTHUR FALLON COURTS  
ATHLETIC COMPLEX COURTS

**VOLLEYBALL:** MARIAN GYMNASIUMS

**WRESTLING:** MARIAN GYMNASIUMS

**BASKETBALL:** MARIAN GYMNASIUMS

**BASEBALL:** THOMAS F. BOLGER FIELD  
BATES PARK, CITY OF WOODSTOCK

**SOFTBALL:** RAYMOND BENOY FIELD  
BATES PARKS, CITY OF WOODSTOCK

**TRACK:** PETER A. BAKER FAMILY STADIUM

**GOLF:** CRYSTAL WOODS GOLF CLUB, WOODSTOCK;  
BOONE CREEK GOLF CLUB, McHENRY

## GENERAL INFORMATION

The Athletic Director, Dr. Michael McGovern is responsible for all matters pertaining to the athletic program including scheduling of contests, ordering athletic equipment, maintaining an inventory of all athletic equipment, and arranging transportation for all athletic contests. His phone number is 338-4220 Ext. 110; his email address is mmcgvorn@marian.com, and his office is located off the commons area, near the main gym.

Marian Central is a member of, and adheres to the rules and regulations of the Illinois High School Association (IHSA) and the Suburban Catholic Conference (SCC). The other members of the SCC are: Addison Driscoll Catholic, Aurora Central Catholic, Aurora Marmion Academy, Aurora Rosary, Elgin St. Edward, Elmhurst Immaculate Conception, Lombard Montini, and Wheaton St. Francis.

Marian Central offers no co-ed sports. The following is a list of the interscholastic sports that are offered at Marian during the course of the school year:

	<u>FALL</u>	<u>WINTER</u>	<u>SPRING</u>
BOYS	CROSS COUNTRY FOOTBALL GOLF SOCCER	BASKETBALL WRESTLING	BASEBALL TENNIS TRACK
GIRLS	CROSS COUNTRY GOLF TENNIS VOLLEYBALL SPIRIT SQUAD DANCE TEAM CHEERLEADING	BASKETBALL SPIRIT SQUAD DANCE TEAM CHEERLEADING	SOCCER SOFTBALL TRACK

### **Non-School Sponsored Sport Participation**

Marian will enter an athlete in a non-Marian sponsored IHSA tournament sport. All expenses incurred for participation (transportation, meals, lodging, etc. ) will be paid by the athlete/parent. Should any expenses be incurred by the school in hiring a teacher/coach to go with the individual athlete as required by the IHSA or a substitute for the teacher/coach, the athlete/parent will be responsible for this cost.

#### **A. ATTENDANCE AT ATHLETIC DEPARTMENT BEGINNING OF THE SEASON MEETING**

Prospective athletes and at least one parent/guardian MUST attend the athletic department meetings scheduled at the beginning of each sport season if the athlete plans to participate in a sport that season. Athletes will not be allowed to participate until this requirement is fulfilled. Failure to meet this obligation will result in the family having to make arrangements to meet with the respective coach before the athlete will be allowed to participate. The Fall sports meeting is scheduled on Tuesday, August 7<sup>th</sup>; the Winter sports meeting is scheduled on Tuesday, October 23<sup>rd</sup>; and the Spring sports meeting is scheduled on Tuesday, February 19<sup>th</sup>. Each of these meetings starts at 7:00 p.m.

#### **B. REQUIRED INFORMATION NEEDED BEFORE SEASON STARTS**

1. Prior to the start of practice for an athlete, a student **MUST** turn in a current physical, an emergency form and a handbook/insurance waiver agreement-sports information form to the

Athletic Director. The student/athlete will then receive clearance to begin the season. An athlete WILL NOT be allowed to start practice without AD clearance.

2. **PHYSICAL EXAM** – Prior to the beginning of a sports season, a student must have on file a physical examination signed by a licensed physician. An incoming freshman or transfer student must have the required school entrance physical. A physical is valid for one calendar year from the date of the physical. It is recommended that physicals be taken after June 1st.
3. **EMERGENCY FORM** - Prior to the beginning of the sports season and school year all students must have on file an emergency form filled out completely.
4. **HANDBOOK/INSURANCE WIAVER AGREEMENT-SPORTS INFORMATION FORM** - Prior to the beginning of a sports season, a student must have this form filled out, signed and turned into the Athletic Director's Office. On this form is a statement indicating that the student/athlete and his/her parent/guardian have read this handbook and agree to abide by the policies stated herein. There is also an area on this form requesting information about what sport(s) you are going to participate in and how many years you have participated in this sport. There are additional lines for the other sports you may have participated in and for how many years. Please indicate so in the area provided.
5. **ATHLETIC PARTICIPATION FEE** - Each athlete is required to pay a participation fee. This is accounted for by the school bookkeeper. The fee is \$95.00. The \$95.00 fee is required for all sports including dance team, spirit squad, cheerleading, as well as fencing for participation in one activity. An additional \$60.00 fee is required if a student participates in a second activity. Participating in a third activity does not require an additional fee. This fee MUST be paid prior to the first contest for the athlete in which he/she is participating. This fee is non-refundable. Exceptions can only be made by the Superintendent.
6. **BEGINNING A SPORT - NO ATHLETE** will be allowed to begin officially practicing without having clearance from the Athletic Director.

### **C. INSURANCE, HEALTH, AND INJURIES**

1. The school/diocese does not carry medical insurance for injuries to students. Therefore, the cost for medical expenses incurred by a student as the result of an accident or injury which occurs on school property or at a school activity will be the responsibility of the student's family or family insurance provider. Students participating in athletics will be required to present proof of insurance to the Athletic Director before being allowed to participate in any sport. In the case of an accident, no matter how minor, the student has a responsibility to report the accident to the teacher or coach in charge.
2. If an individual has any special medical problem, the parent must inform the Athletic Director in writing. This is essential to safeguard your son's/daughter's health. This in turn will be given to the athletic trainer.
3. Any injury occurring during practice or a contest is to be reported to the coach and athletic trainer immediately.

### **D. TEAM SIZE**

1. Every attempt will be made to allow as many students as possible to participate in any sport. Practical situations such as facilities, number of coaches, available playing time, etc. dictate that in certain situations, a team will have to be "cut" down to a manageable size.

2. In no case will cuts be made before five (5) practices have been completed. In general, sophomore and varsity team sizes will parallel IHSA tournament regulations. Freshman team sizes will generally be larger than sophomore and varsity team sizes. Team sizes in sports that offer freshmen "A" and "B" levels will be large enough to field teams for both levels. The expected team size for various levels of each sport is as follows:

<u>Sport</u>	<u>Level</u>	<u>Size</u>
Boys/Girls Cross Country	Total	30
Football	Varsity	55
	Sophomore	35
	Freshman	35
Boys Golf	Varsity	8
	Junior Varsity	8
Girls Golf	Varsity	14
Boys Soccer	Varsity	22
	Junior Varsity	22
	Freshman	22
Boys/Girls Tennis	Total	28
Girls Volleyball	Varsity	15
	Sophomore	15
	Freshman	18
Boys/Girls Basketball	Varsity	15
	Sophomore	15
	Freshman	20
Wrestling	Total	40
Baseball	Varsity	22
	Sophomore	22
	Freshman	22
Softball	Varsity	18
	Sophomore	22
	Freshman	22
Girls Soccer	Varsity	22
	Junior Varsity	22
Boys/Girls Track	Total	60
Dance Team	Varsity	20
Cheerleaders	Varsity	16
Spirit Squad	Junior Varsity	20

3. As a general rule freshmen student athletes are not moved to a higher level. However, in the following sports certain move up rules apply: football, boys and girls soccer, girls volleyball, boys and girls basketball, baseball and softball. In these sports all freshmen try out at the freshman or lowest level. If a sophomore student athlete is under consideration by the coaching staff to be invited to try out at the varsity level, the Athletic Director will contact the parents and propose a meeting between parents, athlete, administration, and coaches involved. The athlete or parents of the athlete may decline such a tryout. After the beginning of the season in these sports, if a freshman or sophomore student athlete is under consideration by the coaching staff to be moved up to a higher level, the Athletic Director will contact the parents and propose a meeting between parents, athlete, administration, and coaches involved. The athlete or parents of the athlete may decline such a move up. Sophomore/junior varsity level athletes in these sports may be moved to the varsity level for post season tournaments. In reviewing a potential student athlete who is under consideration for a move up to a higher level, officials will review not only the team's needs and team chemistry, but more importantly all aspects of the student's growth and development including physical, emotional, social, intellectual and spiritual. The student's school records including academic, discipline, attendance, etc. will be taken into consideration.

## **E. COMMITMENT TO ATHLETIC PROGRAM**

As a member of a Marian Central athletic team, all athletes are to understand and abide by the expected level of commitment for such membership. Attendance and participation at all practice sessions and contests, support for fellow teammates, as well as respect for coaches is an expected part of being a Marian Central athlete.

- a) At the beginning of each athletic season the school has scheduled a Mass for all coaches and athletes. All athletes who intend to participate in a sport must attend the Mass scheduled at the beginning of that sport season.
- b) Family Vacations During an Athletic Season – Attendance at practices and contests is important for the continuity and development of the team. However, an athlete who will be absent for a vacation or trip with a parent(s) must present notification of that intent to his/her coach. Such parent-written notice must be presented a minimum of one week in advance of the planned vacation/trip stating the days s/he will be missing practices/contests. The coach will excuse a student for this purpose a maximum of three practice/contest days each season. The student will be responsible for personal improvement as assigned by the coach upon return.
- c) Participation in Outside Athletic Activities During an Athletic Season--If you choose to compete in a Marian athletic program, this will have precedence over any outside athletic activity. Each practice or game missed as a result of attending an outside athletic activity will result in an unexcused absence.

## **F. ATTENDANCE AT PRACTICE SESSIONS**

An athlete must attend each scheduled practice session. The only exceptions are the following:

- a) Serving a school or teacher detention. Detentions must be served at the assigned time. Having a detention is not an excuse to miss a practice or a game. Similarly, having a practice or a game is not an excuse to miss a detention. Coaches have the option of penalizing an athlete for missing a practice or a game due to the fact the athlete was serving a detention.
- b) Excused all day absences (If the athlete is in school and goes home prior to practice the athlete should contact his/her coach or the Athletic Director prior to leaving).
- c) Pre-arranged events approved by the coach. Whenever possible, athletes are asked to seek approval from their coach 24 hours in advance.

## G. ATTENDANCE AT SCHOOL

1. On a regular school day an athlete is required to be in school by the beginning of third period in order to be eligible to participate in a practice or a contest. A student is required to attend a minimum of his/her last five classes of the school day to be eligible to participate.
2. If an athlete is absent from school because of illness, the athlete may not participate in a practice or a contest.
3. If an athlete leaves school because of illness during the day of a contest, the athlete will not be eligible to participate in a practice or a contest.
4. If an athlete is absent from school for reasons other than illness, the decision of eligibility will be left to the discretion of the Athletic Director or Director of Academics.
5. During a school suspension the athlete will not be allowed to participate in contests, practice sessions or any other school event.

## H. ATTENDANCE AT SCHEDULED ATHLETIC CONTESTS

1. Athletes are to attend all scheduled athletic contests for their team.
2. If an athlete must miss a contest due to an emergency, the athlete shall contact his/her coach prior to the event for approval.

3. Attendance At Games:

Players who are in a program are expected to be at other games in the program when games are being played at home the same day or night. (i.e.) Frosh "B" at Frosh "A"; varsity at sophomore; sophomore at varsity. They will sit together, dressed appropriately, in spots or areas designated by the head coach of that sport.

4. Travel To and From Contests:

Student athletes MUST travel with the team to and from each contest on the school provided transportation. **Parents who find it necessary to transport their son/daughter home from the contest must notify the coach in person that they are taking their son or daughter home with them.** In the event a parent needs their son or daughter to go home with another student's parent(s), a permission slip must be signed by the student's parent and turned in to the coach. Permission will not be granted to student athletes to drive to and from contests outside McHenry County nor will permission be granted for an athlete to ride with another athlete to or from a contest within McHenry County. Student athletes who miss the school provided transportation will NOT be allowed to participate in the contest.

## I. PENALTIES FOR UNEXCUSED ABSENCES

1. Unexcused Absence from Practice:

1st Offense: The athlete will not be allowed to start the next contest and will be expected to do personal improvement drills at the next practice as outlined by the coach prior to the beginning of the season.

2nd Offense: The athlete will not be allowed to participate in the next contest. Athletes will participate in all practices prior to the contest to be missed.

3rd Offense: The athlete will be subject to dismissal from the team as determined by the coach and Athletic Director.

2. **Unexcused Absence from Contest:**

1st Offense: The athlete will not be allowed to participate in the next contest and will do personal improvement drills at the next practice as outlined by the coach prior to the beginning of the season.

2nd Offense: The athlete will not be allowed to participate in the next three contests. Athletes will participate in all practices before contests to be missed.

3rd Offense: The athlete will be subject to dismissal from the team as determined by the coach and Athletic Director.

**J. DISCIPLINARY ELIGIBILITY**

All students are expected to adhere to all school regulations and policies. Failure to do so may result in the athlete losing his/her privilege to participate in the school's athletic program.

**K. SCHOLASTIC ELIGIBILITY**

1. Eligibility is determined on a weekly basis. The weekly grade check is the grade that the student would receive if that student were to transfer to another school.
2. Students are ineligible to participate for the following week if: s/he has a) 2 or more F's; b) 1 F & 2 or more D's; c) 3 or more D's. Ineligible students will not be allowed to participate in any interscholastic games or activities from Monday through Sunday of the following week. Ineligible students may practice with their team, but this is up the discretion of the coach.
3. Students failing two classes for a semester will not be eligible for the next semester.

**L. TATTOOS**

Tattoos are highly discouraged. If a student/athlete has a tattoo(s), it must be covered at all times so that it is not visible.

**M. HAIR -- See Student Handbook**

**N. INTIMIDATION**

Intimidation includes hazing, bullying, harassing, humiliating, etc. others by various means including horseplay, practical jokes or tricks and often results in humiliation or physical injury. It is the failure to respect the dignity of a fellow human. Such intimidation is contrary to the philosophy of Marian Central and will NOT be tolerated in any form. Engaging in such an action will result in a detention, suspension, or expulsion at the school's discretion depending upon the severity of the act or repeated acts. Additional Athletic Department consequences for such actions include the following:

1st Offense: Suspension from participation in all regular season contests for 25% of the competitive season. Refer to the Athletic Suspension Table – Column 1, Page 13. The student is expected to participate in all practices during that time.

2nd Offense: Suspension from participation in all regular season contests for 50% of the competitive season which could result in the consequences being served over two seasons. Refer

to the Suspension Table – Column 2, Page 13. The student is expected to participate in all practices during that time.

## **O. ALCOHOL, TOBACCO AND OTHER DRUGS**

Students are prohibited from using or being under the influence of alcohol or drugs while at School or any School-related function. Included within the prohibitions set forth in this Policy are the following:

Use, possession, manufacture, distribution, dispensation or sale of drugs, drug paraphernalia or alcohol on School premises or with respect to School-related activities;

Storing in a locker, desk, automobile or other repository on School premises or in connection with any School-related activity any drugs, drug paraphernalia or alcohol;

Being under the influence of drugs or alcohol on School premises or in connection with any School-related activities.

The School reserves the right to require a student to undergo testing for the use of alcohol and/or drugs when a reasonable suspicion of such use exists. A "reasonable suspicion" of drug and/or alcohol use may be based upon the observation of the student's behavior, information received regarding alleged alcohol or drug use and/or other indicia giving rise to a suspicion of a violation of this Policy. A student's failure to cooperate in testing required by this Policy or other violations of this Policy may result in disciplinary action up to and including expulsion from the School. Tobacco use or possession of tobacco products in or on Marian Central property is likewise prohibited.

Administration of this Policy is as follows:

Tobacco Products: Offenses accumulate on a calendar year from the date of 1<sup>st</sup> offense basis

1st Offense: One-day suspension; a Saturday detention; parent notification; refused participation in all co-curricular activities for a minimum of one calendar month; dismissed from any student government or any other leadership position for the remainder of the school year

2nd Offense: Three-day suspension; parent notification; refused participation in all co-curricular activities for a minimum of one calendar month; and enrollment in and completion of a Marian approved tobacco use education program to be paid for by the family.

3rd Offense: Expulsion from Marian Central

Alcohol and Other Drugs: Offenses accumulate throughout high school career

Any student who sells or otherwise deals such drugs to other students will be expelled whether the exchange took place on campus or off campus.

Use and/or Possession of Such Drugs, Drug Paraphernalia, etc.:

1st Offense: Three-day suspension; a Saturday detention; parent notification and conference with the Director of Activities & Discipline; enrollment in and completion of a Marian approved alcohol/drug abuse program by a date determined by the Director of Activities & Discipline and paid for by the family; refused participation in all co-curricular activities for a minimum of one calendar month; dismissed from any student government or any other leadership position for the remainder of the school year

2nd Offense: Expulsion from Marian Central.

All suspensions are unexcused absences and students receive an "F" for each class missed. Students suspended from all co-curricular activities for violations of tobacco and/or other drug policies are to continue practice with the team.

## **P. TRAINING RULES**

Student athletes at Marian Central are held to a higher standard than other students regarding the illegal use of drugs as well as other illegal acts. As such, additional consequences for violations of the tobacco, alcohol and other drug regulations and other illegal acts are applicable.

The following rules and regulations are in effect under the following conditions: Any student who is a participant in any of the school sponsored sports, academic team or other IHSA sponsored events shall be subject to all rules written in this code. These rules apply twenty-four hours a day, seven days a week, twelve months of the year, in school or out of school. There are no exceptions.

Violations:

1. Confirmed involvement in the use or possession of smoking tobacco and/or smokeless tobacco products.
2. Confirmed involvement in the use or possession of alcoholic beverages, other illegal drugs, steroids, and/or controlled (unprescribed) substances.
3. Confirmed involvement in acts of vandalism, violence, theft, or any act considered unlawful in any legal jurisdiction.
4. Confirmed involvement as a participant at a party or gathering where illegal activities are occurring. The student will be considered a participant should s/he fail to leave the premises once s/he becomes aware of these illegal happenings.

Confirmed involvement: Any student apprehended by law enforcement authorities or witnessed by, reported and verified by any school official (administrator, faculty member, coach) shall be considered in violation of the stated rules.

Those additional athletic consequences for such violations shall be as follows:

- 1st Offense: Suspension from participation in all regular season contests for 25% of the competitive season or one calendar month whichever is longer. Refer to the Athletic Suspension Table – Column 1. The student is expected to participate in all practices during that time, as eligible.
- 2nd Offense: (Of the tobacco and tobacco products regulation) Suspension from participation in all regular season contests for 50% of the competitive season or one calendar month whichever is longer and which could result in the consequences being served over two seasons. Refer to the Athletic Suspension Table – Column 2. The student is expected to participate in all practices during that time, as eligible.

<b>Sport</b>	<b>Column 1 Contests 25%</b>	<b>Column 2 Contests 50%</b>
Tennis	5	9
Soccer	4	8
Football	2	5
Cross Country	5	9
Golf	5	9
Volleyball	5	9
Wrestling	5	9
Basketball	5	10
Track	5	*
Baseball	9	18
Softball	9	18
Cheerleading/Spirit Squad	6	15
Dance Team	6	15

The athletic suspension table above reflects regular season scheduled contests and tournaments. The athlete is suspended during any tournament that falls within his/her suspension. Each tournament counts as one contest. Suspensions will be served during post season contests when necessary. If an athletic contest is canceled during the suspension, it will not count as part of the suspension. A suspension may be applied to the sport season in which the athlete has participated in the past or to the current or next sport season as deemed appropriate by the administration. A suspension will be carried over to a second sport season when necessary.

#### **Q. EQUIPMENT**

1. The school attempts to provide the best and safest equipment money can buy. Each athlete is expected to take excellent care of this equipment. This includes laundering uniforms. If the equipment needs repair any time during the season, the athlete should notify the coach as soon as possible.
2. The original equipment and uniform issued must be cleaned and returned by the athlete within one week of the close of the season.
3. The athlete must accept full responsibility for equipment or uniforms issued by the school. If they are lost or anything is damaged, she/he must pay the Athletic Director for its replacement. Some coaches may require athletes in their sport to give the school a uniform deposit. This will be returned to the athlete at the end of the season if the uniform is returned, cleaned and not in need of repair. If cleaning or repair are needed, the cost will be deducted from the deposit and the balance, if any, returned.
4. When an athlete completes a sport season, he/she will have one week from the final contest to return issued equipment to the coach. The penalty for not returning or paying for lost equipment or uniforms within a week will be charged the replacement cost.

#### **R. FACILITIES**

1. Coaches' offices are for coaches. No student/athlete should be in a coaches area unattended or uninvited.

2. The training room is off limits unless attended by the athletic trainer or a coach.
3. Weight room facilities are to have an adult supervisor in the weight room or auxiliary gym at all times.
4. Penalty for being in restricted areas uninvited or unsupervised may result in disciplinary action.
5. When using free weights there must be a spotter present.
6. Athletes are to walk under the supervision of a coach to and from the athletic field complex. Athletes are not to drive and/or park their vehicles at the complex.
7. Vandalism -- See Student Handbook

## **S. PERSONAL CONDUCT AND STANDARDS OF SPORTSMANSHIP**

1. Students attending co-curricular events are to maintain all standards of behavior identified in the student handbook. School pride, loyalty, sportsmanship, and respect toward the opponent and the opponents' school should always be emphasized.
2. The following rules are in effect:
  - a) Derogatory cheering directed toward opponents and/or officials is not allowed.
  - b) No artificial noisemakers are to be used at any indoor events.
  - c) The SCC does not allow the use of banners, placards, signs, and similar items except for senior night activities
  - d) Use good judgment, be responsible, and show respect for person and property. An athlete will share responsibility in the actions of any group or individuals with whom he/she associates.
  - e) Be respectful to all adults and be cooperative in following the instructions of coaches.
  - f) Refrain from the use or possession of tobacco products, alcohol and other illegal drugs, or the misuse of prescription drugs or normally legal products that may cause harm when improperly used.
  - g) Maintain a good reputation as a representative of the school.
3. Team members not living up to the highest standards of personal conduct and sportsmanship will be suspended from further competition by the Athletic Director.
4. No athlete will go to a game in anything but school type clothes. Exceptions will be team uniform, team warmups or team dress outfits. Examples: team sweaters, ties. At NO time are athletes to go to games they are involved in wearing jeans.

## **T. PARENT/GUARDIAN GUIDELINES**

1. Be supportive of the team, the participants, and the coaches.
2. Help the participant follow and uphold the training rules and team policies.
3. Learn the basic rules and strategies of the sport to gain a better understanding of it.
4. Because sportsmanship begins with you, we ask that you exhibit good sportsmanship at all times. Your admission to a contest is to watch the performances of the student athletes - not a license to abuse officials, coaches, players or other spectators. Be a positive role model for all of our student athletes.

5. Bring any questions or problems concerning your son/daughter to the attention of the coach involved. Communication is of utmost importance for all of us to operate in a cohesive team manner.

## **U. ATTENDANCE AT AWARDS NIGHTS**

Athletes are required to attend the sports award night for their sport. These are held to honor each athlete, thank them, give out various awards and letters for their sport and have the coach wrap up the season with remarks on the season. It is also a time for coaches to outline off-season and/or summer expectations. This is a Dress Up occasion. Jeans or shorts are not acceptable.

## **V. ATHLETIC AWARDS**

1. Head coaches will put in writing criteria requirements for earning a varsity athletic award. This will be handed out at the annual athlete/parent pre-season meeting
2. FRESHMEN - numerals for participating and completing the season. It is possible to earn a minor "M" or a varsity "M" if competing at a higher level and qualifying under the criteria for the sport.
3. SOPHOMORE - minor "M" for participating and completing the season. It is possible to earn a varsity "M" if competing at a higher level and qualifying under the criteria for the sport.
4. JUNIOR - minor "M" or varsity "M" depending on whether they qualify under the criteria for the sport.
5. SENIOR - minor "M" or varsity "M" depending on whether they qualify under the criteria for the sport. A senior who has competed in a sport for at least two years in that sport will always receive a varsity "M" and a senior plaque, regardless of meeting the criteria.
6. SENIOR PLAQUE - senior will receive a plaque depicting participation in sports, with number of years, providing they have competed in at least one sport for two years and received a varsity "M" or competed in a sport for at least two years.
7. An athlete will receive only one such level award per year. Upon qualifying for a second award(s) at the same level in a given year, the athlete will receive a certificate and appropriate pin.
8. A three-sport athlete who earns three varsity "M" in a year will also receive a patch depicting that achievement.
9. A student/athlete who participates in a non school sponsored sport will receive the following letter award(s): as a freshman, numerals or if competing for 1st time, regardless of class, receives numerals; as a sophomore and a junior provided s/he has competed prior, s/he will receive a minor "M"; as a senior, s/he will receive a varsity "M" provided s/he has competed for a least three years in the same sport. S/he would also receive a senior plaque. Should the individual qualify for State, s/he will receive a varsity "M" regardless of year in school. The individuals(s) will be recognized at the appropriate sports award evening.
10. Individual and team awards will be presented at an Awards Night scheduled at the conclusion of each sports season. An athlete must complete the season in order to earn an award. All athletes are required to be present at this awards night to receive their individual awards. In cases of exceptional circumstances, athletes that are unable to attend the awards night can get their individual awards by meeting with the Athletic Director.

11. Athletes who have not returned equipment and/or uniforms are not eligible to receive awards or recognition on awards night.
12. Athletic awards not picked up by an athlete at the end of a season will be stored by the Athletic Director for one calendar year after which they will be discarded.

## **W. PARTICIPATION OF ATHLETES IN OUT-OF-SEASON ACTIVITIES**

1. **Participation of athletes in any out-of-season activity related in any way to the athletic program at Marian Central is voluntary and completely at the discretion of the athlete and his/her parents. Any form of coercion to force an athlete to participate in any out of season activity is inappropriate.**
2. Athletes are welcome to participate in the many out-of-season sports that are available. Athletes and parents are welcome to consult a coach for recommendations and advice concerning participation in these sports. However, non-participation in these sports cannot be justification for a player being cut or having less playing time than a teammate of comparable talent.
3. Athletes that choose to participate in out-of-season sports make the decision (with parental input) on which activities and how much time they dedicate to those activities.
4. During the off-season no athlete is to use or have use of school equipment pertaining to a sport out-of-season. Off-season activities are limited to weight training and running. Exceptions are for use of equipment needed for a summer camp or league.

## **X. COLLEGE ATHLETICS ACADEMIC REQUIREMENTS**

A student who wishes to practice and play his/her freshman year at an NCAA Division I or Division II college must satisfy certain NCAA requirements. Definitive information regarding college eligibility can be found at the NCAA's web site – [www.ncaa.org](http://www.ncaa.org)

### Division 1 Eligibility:

Classes of 2008 & later – All student athletes must complete 16 core courses including the following:

- English – 4 years
- Mathematics (algebra 1 or above) – 3 years
- Natural/physical science – 2 years
- 1 year additional English, mathematics, or natural/physical science
- Social science – 2 years
- 4 years – additional courses (from above areas, foreign language, non-doctrinal religion, or philosophy).

### Division II Eligibility:

All student athletes must complete 14 core courses including the following:

- English – 3 years
- Mathematics (algebra 1 or higher) – 2 years
- Natural/physical science – 2 years
- 2 years additional English, mathematics, or natural/ physical science
- Social science – 2 years
- 3 years – additional courses (from above areas, foreign language, non-doctrinal religion, or philosophy)

## **Y. NCAA INITIAL-ELIGIBILITY CLEARINGHOUSE**

Athletes who intend to participate in Division I or II athletics as a college freshman must be certified by the NCAA Initial-Eligibility Clearinghouse. The Clearinghouse operates a web site at [www.ncaaclearinghouse.net](http://www.ncaaclearinghouse.net) which maintains and processes all of the initial eligibility certifications. In the Student-Athlete Eligibility and Recruiting section of the web site, you can download a copy of the "Guide for College-Bound Student-Athlete" which contains the registration forms and a Clearinghouse brochure. It is also available in Marian's Guidance Office. To register with the clearinghouse, fill out the online form at the Initial-Eligibility Clearinghouse Web Site.









## DIRECTIONS FROM MARIAN TO SUBURBAN CATHOLIC CONFERENCE SCHOOLS

**AURORA CENTRAL** 1255 N. Edgelawn Drive, Aurora, IL 60506  
(630) 907-0095

Randall Road South to Aurora. Turn right on Sullivan Rd. to Edgelawn Dr. which is just past Illinois Math/Science Academy. Turn left on Edgelawn. School is located on the left side of Edgelawn just south of Illinois Math/Science Academy.

**DRISCOLL** 555 North Lombard Road, Addison, IL 60101  
(630) 543-6310

Interstate 290 East to Interstate 355 South. Exit I-355 at Route 20 (Lake Street). Go left (East) on Lake Street crossing Route 53 to Lombard Road. Turn right (South) on Lombard Road about one-half mile to the school which is on the left.

**IMMACULATE CONCEPTION** 217 Cottage Hill Avenue, Elmhurst, IL 60126  
(630) 530-3460

**School:** Interstate 90 to Interstate 290 East. Follow 290 East to Route 83. Exit at Route 83 south to St. Charles Rd. Turn left (East) on St. Charles Rd. to York Road. Turn left (North) on York Rd. three blocks to the school which is on the left.

**Athletic Fields:** Interstate 290 East to Route 83. Exit at Route 83 south to Route 64 (North Ave.) Turn left (East) on Route 64 to 1st stoplight (West Ave.). Turn right (South) on West Ave. about 3/4 mile and over railroad tracks to Plunkett Park on the right.

**MARMION ACADEMY** 1000 Butterfield Road, Aurora, IL 60504  
(630) 897-6936

Route 25 South to Route 56 (Butterfield Road). Go East (left) on route 56 to the school which is on the left.

OR...Interstate 355 South to Interstate 88 (East-West tollway). Go West on I-88 to Farnsworth Ave. Exit on Farnsworth Ave. North (right) to Route 56 (Butterfield Rd.). Go left (West) on Route 56 to the school which is on the right.

OR...Route 12 East to Route 59 South to Route 56 (Butterfield Rd.). Go right (West) on Route 56 to the school which is on the right.

**MONTINI** 19 West 070 16th Street, Lombard, IL 60148  
(630) 627-6930

Interstate 290 East to Interstate 355 South. Exit I-355 at Route 38 (Roosevelt Rd.). Go left (East) on Roosevelt to Meyers Road. Turn right onto Meyers Rd. Go one-half mile on Meyers to 16th Street. Turn right onto 16th Street 2 blocks to the school which is located on the right.

**ROSARY** 901 North Edgelawn Drive, Aurora, IL 60506  
(630) 896-0831

Randall Road South to Aurora. Turn right on Sullivan Rd. to Edgelawn Dr. which is just past Illinois Math/Science Academy. Turn left on Edgelawn. School is located on the left side of Edgelawn south of Aurora Central High School.

**ST. EDWARD**

335 Locust Street, Elgin, IL 60123  
(847) 741-7535

Route 31 South - Go 7 stoplights South of tollway on Route 31 to Chicago Street. South one more lock to Locust Street. Turn right (West) on Locust St. two blocks to the school which is on the left.

**ST. FRANCIS**

2130 West Roosevelt Road, Wheaton, IL 60187  
(630) 668-5800

Interstate 90 to Route 59 South. South on Route 59 to Route 38 (Roosevelt Rd.). East on Route 38 to the school which is on the right.