



Diocese of Rockford

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January 11, 2022

Dear Parents,

We are pleased to share that the Rockford Diocese has adopted the attached guidelines for isolation and quarantine periods for students and staff members who have tested positive with COVID-19 or are considered a close contact.

If your student is COVID-19 positive and continues to have a fever or other symptoms that have not improved after 5 days of isolation, your student should wait to end isolation until they are fever-free for 24 hours (without fever reducing medicine), have no symptoms, and a negative COVID-19 test.

As always, thank you for your dedication and support as we navigate the remainder of the 2021-2022 school year together.

Sincerely,

Vito C. DeFrisco, Superintendent of Schools



MARIAN CENTRAL CATHOLIC HIGH SCHOOL

1001 McHenry Avenue ~ Woodstock, IL 60098-3099

Phone (815) 338-4220 ~ FAX (815) 338-4253

Guidance for Positive and Close Contact Students and Staff

**Based on IDPH and Diocese of Rockford Guidance as of 1/10/22, and subject to change.*

COVID POSITIVE CHART

| | Isolation Period | Additional Measures | Key Information |
|---|---|---|---|
| Student or Staff tests positive without symptoms (asymptomatic) | Isolate for a full 5 days | <ul style="list-style-type: none"> ✓ Continue wearing a well-fitting mask around others for days 6-10 ✓ Avoid immunocompromised and high-risk individuals | <ul style="list-style-type: none"> ✓ Day 0 is the day the positive test was taken ✓ Day 1 of isolation is the first full day after the test was taken ✓ If the individual develops symptoms after testing positive, the 5-day isolation period starts over |
| Student or Staff who test positive AND have or had symptoms (fever-free for 24 hours w/o use of fever-reducing medicine and improved symptoms) | Can end isolation after 5 days as long as they are fever-free for at least 24 hours without the use of fever-reducing medicine AND other symptoms have improved | <ul style="list-style-type: none"> ✓ Continue wearing a well-fitting mask around others for days 6-10 ✓ Avoid immunocompromised and high-risk individuals | <ul style="list-style-type: none"> ✓ Day 0 is the first day of symptoms or the day the positive test was taken, whichever came first ✓ Loss of taste/smell may persist beyond recovery and does not require additional isolation |
| Student or Staff who test positive AND have or had symptoms (NOT fever-free for 24 hours w/o use of fever-reducing medicine and/or other symptoms have not improved) | Wait to end isolation period until fever-free for at least 24 hours without the use of fever-reducing medicine AND other symptoms have improved | <ul style="list-style-type: none"> ✓ Continue wearing a well-fitting mask around others for days 6-10 ✓ Once symptoms have improved and fever-free for 24 hours w/o fever reducing medicine, follow measures listed above ✓ Contact healthcare provider if symptoms persist or have any medical concerns | <ul style="list-style-type: none"> ✓ Day 0 is the first day of symptoms or the day the positive test was taken, whichever came first ✓ Loss of taste/smell may persist beyond recovery and does not require additional isolation |

*****Once Student or Staff has returned from 5-day isolation, for days 6-10, if mask needs to be removed (to eat or drink) a 6-foot physical distance is required. Students may be required to eat lunch in an alternative location during this time.**



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CLOSE CONTACT CHART

| | Quarantine Period | Additional Measures |
|---|-------------------------------|---|
| If Student or Staff member falls into any of these categories: <ul style="list-style-type: none">• Ages 18 years or older and have received all recommended vaccine doses, including boosters and additional primary shots for some immunocompromised people• Ages 5-17 years and completed the primary series of vaccines.• Confirmed Covid Positive within the last 90 days. | No Quarantine required | <ul style="list-style-type: none">✓ Continue wearing a well-fitting mask around others for 10 days✓ Consider testing on Day 5✓ If individual develops symptoms, immediately isolate until a negative test confirms symptoms are not due to Covid-19 |
| If Student or Staff member falls into any of these categories: <ul style="list-style-type: none">• Received the single dose Johnson & Johnson vaccine (completing the primary series) over two months ago and have not received the booster shot• Unvaccinated or have not completed a primary vaccine series | Quarantine at home for 5 days | <ul style="list-style-type: none">✓ Continue wearing a well-fitting mask around others for days 6-10✓ Consider testing on Day 5✓ If individual develops symptoms, immediately isolate until a negative test confirms symptoms are not due to Covid-19 |

Marian Central will continue to communicate if additional information or guidance becomes available from the Diocese of Rockford, McHenry County Health Department, Illinois Department of Health, and/or the CDC.

*****Please note that the new isolation/quarantine guidance DOES NOT change the State of Illinois' mask requirement for anyone inside school buildings.***